

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

October 2021

Walnut Place Assisted Living Life Enrichment Calendar Highlights



<p>10:00 Friendship & Prayer With Molly -4th Floor ³</p> <p>Puzzles, Playing Cards, Word Searches & Dominos on 4th Floor</p>	<p>10:00 Brain Health -4th Floor ⁴</p> <p>10:30 Seated Yoga -4th Floor</p> <p>11:00 October Highlights -4th</p> <p>11:30 Fun Facts about October -4th Floor</p> <p>2:00 Ladderball - 4th Floor</p> <p>3:30 Puzzles, Checkers and Dominos -4th Floor</p>	<p>10:30 Chair Exercises -4th ⁵</p> <p>11:00 Resident Council -4th Floor</p> <p>1:30 BINGO -4th Floor</p> <p>3:30 Name that Tune- 4th Floor</p> <p>3:45 Afternoon Snack -4th & 6th Floors</p> <p>4:15 Daily Chronicles -4, 6</p>	<p>BAKE SALE 1st Floor Parlor ⁶ (10:00a.m. -3:00p.m.)</p> <p>10:00 Bible Study -4th Floor</p> <p>10:30 Stretching Exercises 4</p> <p>11:00 Ring Toss - 4th</p> <p>2:00 Happy Hour with Chips, Queso -5th Floor</p> <p>4:15 Daily Chronicles -4, 6</p>	<p>BAKE SALE 1st Floor Parlor ⁷ (10:00a.m. -3:00p.m.)</p> <p>10:30 Coordination Exercise -4</p> <p>11:00 Brain Games -4th Floor</p> <p>1:30 Afternoon Matinee -4th</p> <p>2:15 Pumpkin Bread -4, 5, 6</p> <p>3:30 Music & Drinks -4th Floor</p> <p>4:15 Daily Chronicles -4 & 6</p>	<p>BAKE SALE 1st Floor Parlor ⁸ (10:00a.m. -3:00p.m.)</p> <p>10:00 Farmers Almanac -4th</p> <p>10:30 Strength Exercises -4th</p> <p>11:00 "Real" Bocce Ball -4th</p> <p>2:00 BINGO -4th Floor</p> <p>3:15 C</p> <p>3:45 Wine Club -4th</p> <p>4:15 Weekend Chronicles -4, 6</p>	<p>Puzzles, Playing Cards, Word Searches & Dominos on 4th Floor ²</p> <p>1:30 Saturday Matinee -4th Floor</p> <p>Puzzles, Cards, Magazines, Word Searches & Dominos In The 4th Floor Library ⁹</p> <p>1:30 Saturday Matinee -4th Floor</p>
<p>10:00 Friendship & Prayer With Molly -4th Floor ¹⁰</p> <p>Puzzles, Playing Cards, Word Searches & Dominos on 4th Floor</p>	<p>10:00 Walking & Wheeling -11 ¹¹</p> <p>10:30 Strength Exercises -4th</p> <p>11:00 Who/What Am I? -4th</p> <p>2:30 Puzzles & Dominos -4</p> <p>3:30 Virtual Reality -4th Floor</p> <p>4:15 Daily Chronicles-4th & 6th</p>	<p>10:00 What is Spirituality -4, ¹²</p> <p>10:30 Chair Exercise -4th F</p> <p>11:00 Tuesday Trivia -4th Fl</p> <p>1:30 BINGO -4th Floor</p> <p>3:30 Sing -a-Long -4th</p> <p>4:15 Daily Chronicles -4th & 6th Floors</p>	<p>10:00 Bible Study -4th ¹³</p> <p>10:30 Chair Tai Chi -4th</p> <p>11:00 Wheel of Fortune -4</p> <p>2:00 Happy Hour with Mike Coldeway -4th Floor</p> <p>3:30 What's that Sound? -4th</p> <p>4:15 Daily Chronicles -4,6</p>	<p>10:30 Chair Exercises -4th ¹⁴</p> <p>11:00 Show & Tell -4th</p> <p>1:30 Afternoon Matinee -4th</p> <p>2:15 Fruit Smoothies -4th, 5th & 6th Floors</p> <p>3:30 Activities Club -4th</p> <p>4:15 Daily Chronicles -4th & 6th</p>	<p>10:00 Weekend Weather -15 ¹⁵</p> <p>10:30 Strength Exercises -4th Floor</p> <p>11:00 Amazing but True -4th</p> <p>2:00 BINGO -4th Floor</p> <p>3:30 Warm Cider Cocktail -4th</p> <p>4:15 Weekend Chronicles -4,6</p>	<p>Puzzles, Cards, Magazines, Word Searches & Dominos In 4th Floor Library ¹⁶</p>
<p>10:00 Friendship & Prayer With Molly -4th Floor ¹⁷</p> <p>Puzzles, Playing Cards, Word Searches & Dominos on 4th Floor</p>	<p>10:00 Good Nutrition -4, 6 ¹⁸</p> <p>10:30 Let's Walk or Wheel -4</p> <p>11:00 Riddles & Tongue Twisters -4th Floor</p> <p>2:00 Dominos & Trionimos -4th & 6th Floor</p> <p>3:30 Funny Animal Videos</p> <p>4:15 Daily Chronicles -4, 6</p>	<p>10:00 COVID Update -4th & ¹⁹</p> <p>6th Floors</p> <p>10:30 Chair Exercises -4th</p> <p>11:00 Tuesday Trivia -4th</p> <p>1:30 BINGO -4th Floor</p> <p>3:00 Getting to Know You -4</p> <p>4:15 Daily Chronicles -4 & 6</p>	<p>10:00 Bible Study -4th Floor ²⁰</p> <p>10:30 Rhyme and Roll -4th</p> <p>11:00 Pictionary -4th</p> <p>2:00 Happy Hour Birthday Party with Krystal -5th</p> <p>3:15 Remember When...4th</p> <p>4:15 Daily Chronicles -4th & 6th Floors</p>	<p>10:30 Flexibility & Strength -21 ²¹</p> <p>Floor</p> <p>11:00 Virtual Reality -4th</p> <p>1:30 Afternoon Matinee -4th Floor</p> <p>2:15 Egg Rolls-4th, 5th & 6th</p> <p>3:45 Music Therapy -4th</p> <p>4:15 Daily Chronicles -4th & 6th</p>	<p>10:00 Weekend Weather 4 ²²</p> <p>10:30 Strength Exercise -4th</p> <p>11:00 Fall Flower Pen Craft -4th Floor</p> <p>2:00 BINGO -4th Floor</p> <p>3:30 Fall Cocktail -4th</p> <p>4:15 -Weekend Chronicles -4th & 6th</p>	<p>Puzzles, Cards, Magazines, Word Searches & Dominos In The 4th Floor Library ²³</p> <p>1:30 Saturday Matinee -4th Floor</p>
<p>10:00 Friendship & Prayer With Molly -4th Floor ²⁴</p> <p>Puzzles, Playing Cards, Word Searches & Dominos on 4th Floor</p>	<p>10:00 Walking & Wheeling -25 ²⁵</p> <p>4th & 6th Floors</p> <p>10:30 Chair Exercises -4th</p> <p>11:00 Halloween Fun Facts -4th</p> <p>2:00 Movie "Young Frankenstein" -4th Floor</p> <p>4:15 Daily Chronicles</p>	<p>10:00 What is Climate Chang ²⁶</p> <p>4th & 6th Floors</p> <p>11:00 Tuesday Trivia -4th</p> <p>10:30 Music and Movement -4th</p> <p>1:30 BINGO -4th Floor</p> <p>3:30 Activities Club-4th Floor</p> <p>4:15 Daily Chronicles -4th & 6th Floors</p>	<p>10:00 Bible Study -4th Floor ²⁷</p> <p>10:30 Balloon Toss -4th</p> <p>11:00 Pumpkin Chunk -4th</p> <p>2:00 Happy Hour Halloween Party-5thFloor</p> <p>3:15 "Real" Haunted Places -4th</p> <p>4:15 Daily Chronicles -4th,6th</p>	<p>10:30 Cardio Workout -4th ²⁸</p> <p>11:00 Hand Massages -4th Floor</p> <p>1:30 Afternoon Matinee -4th Floor</p> <p>2:15 Pumpkin Spice Pudding -4th, 5th & 6th Floor</p> <p>4:15 Daily Chronicles -4th, 6th</p>	<p>(Wear Your Costume) ²⁹</p> <p>10:30 Wicked Workout -4</p> <p>11:00 Craziest Costumes -4th</p> <p>2:00 HALLOWEEN BINGO -4th</p> <p>3:30 Bloody Mary Halloween Cocktail -4th Floor</p> <p>4:15 Weekend Chronicles -4</p>	<p>Puzzles, Playing Cards, Word Searches & Dominos on 4th Floor ³⁰</p> <p>1:30 Saturday Matinee -4th Floor ³¹</p> <p>10:00 Friendship & Prayer With Molly</p> <p>HAPPY HALLOWEEN</p>

We Kindly Request All Residents, Staff and Visitors wear a mask and practice social distancing when in common areas. All Activities Subject to Change or Cancellation